

# CAROLINA CARES

## **The Student Care and Outreach Team is here to help!**

The Care Team is comprised of helpers and experts from multiple areas within the student experience, from Student Affairs to faculty. The team meets to discuss every student referred to ensure students receive individual attention and care.



**FOR ASSISTANCE**  
**SCAN, CALL, OR EMAIL**  
**(803) 777-4193**  
[careteam@mailbox.sc.edu](mailto:careteam@mailbox.sc.edu)



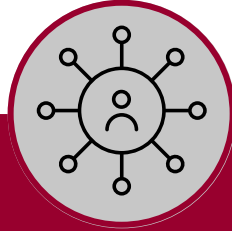
**Office of the Dean of Students**  
**UNIVERSITY OF SOUTH CAROLINA**

# BEHAVIORS TO REFER TO THE CARE TEAM



## PSYCHOLOGICAL INDICATORS

- Excessive emotional responses to events
- Sudden irritability or abrasiveness
- Apathy
- Reports of concern from peers
- Disclosure of self-harming behaviors or suicidal ideation
- Delusions and paranoia
- Unusual behavior



## PHYSICAL INDICATORS

- Visible changes in physical appearance (decline in hygiene, rapid weight change, or being disheveled)
- Constant lack of energy or fatigue
- Impaired speech
- Disjointed thoughts
- Noticeable intoxication or hangover



## ACADEMIC INDICATORS

- Sudden change in attendance or performance
- Rapid decline in work quality or grades
- Repeated requests for extensions
- Disruptive behavior in a classroom
- Assignments that indicate extreme distress, despair, hopelessness, or rage
- Bizarre or unusual content in assignments

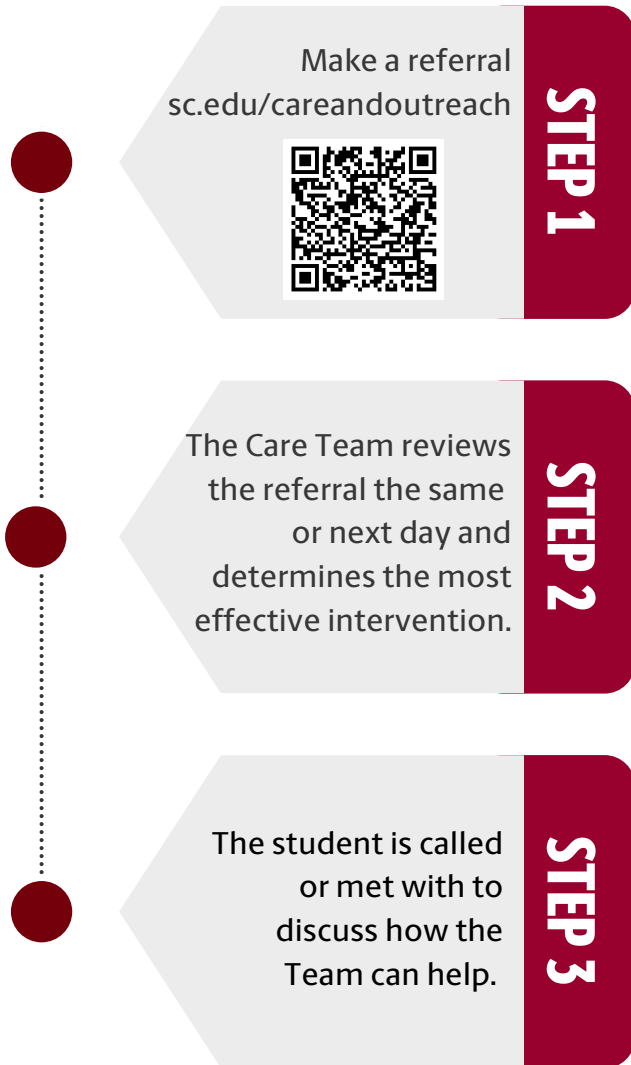


## SAFETY RISK INDICATORS

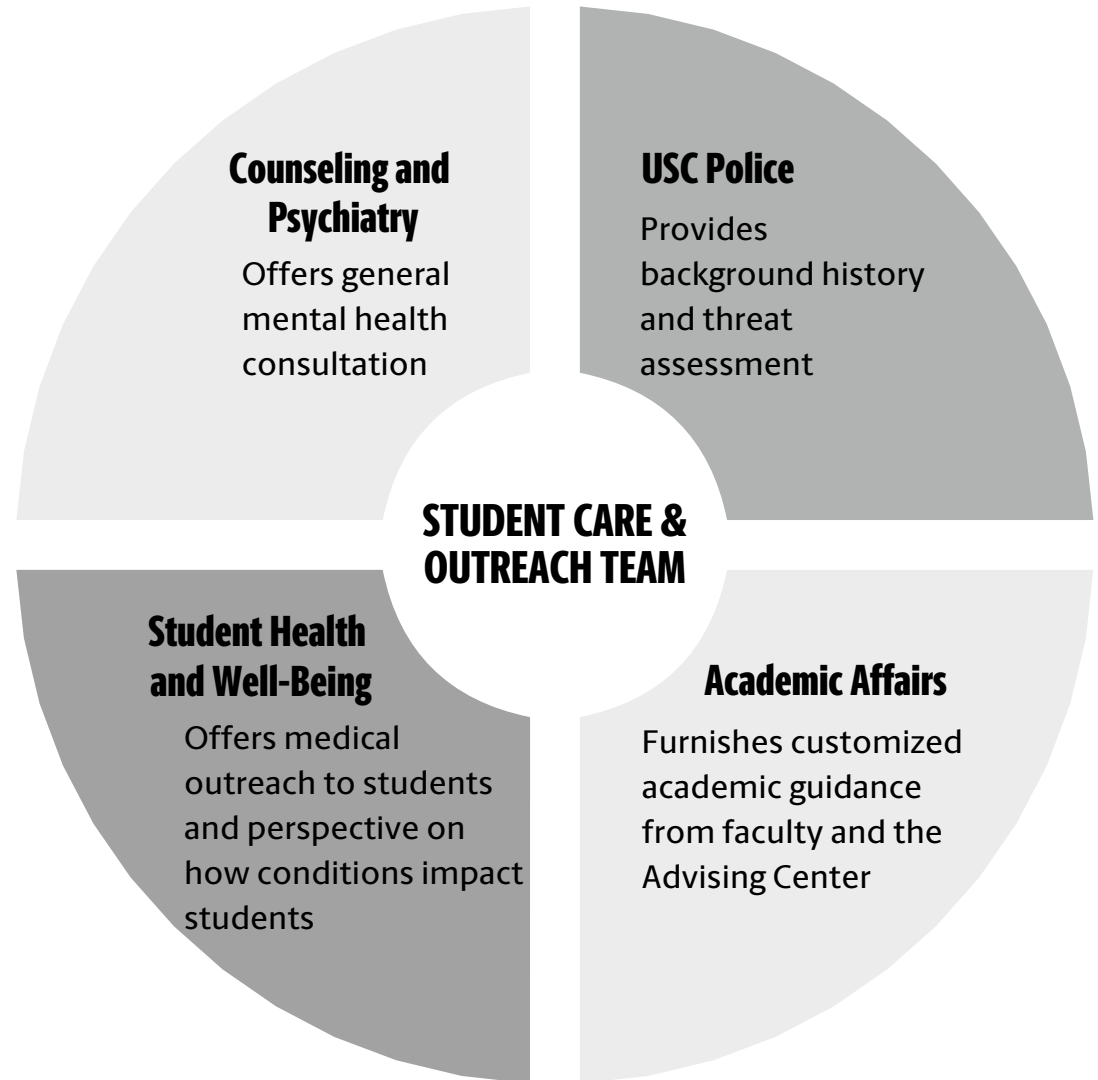
- Threats of violence or harm to self or others
- Sudden anger or hostility
- Persistent unwanted contact or harassment
- Assignments disclosing concerning behaviors
- Posts/discussion about revenge/feeling persecuted
- Physical violence

**In an emergency, please call 911**

# Timeline



# Multidisciplinary Team Approach Includes:



# SCAN THE COVER QR CODE FOR DIRECT SUPPORT. ADDITIONAL CAMPUS RESOURCES LISTED BELOW:

## Law Enforcement and Safety

Provides emergency response and promotes campus safety

911 or 803-777-4215

## Student Care and Outreach Team

Cultivates community by providing support for students who are experiencing distress

803-777-4193

## Gamecock CommUnity Shop

Provides basic needs consultations and resources; plus free food, clothing, and school supplies for anyone with a valid Carolina Card

803-576-8300

## Counseling and Psychiatry

Services from mental health professionals focused on therapy and emotional wellness

803-777-5223

## Student Health and Well-Being

United departments who meet the emotional, mental, physical, and holistic wellness needs of students

803-777-3175

## Student Disability Resource Center

Empowers students with disabilities and collaborates, coordinates efforts, and consults with faculty and staff to ensure equal access to education

803-777-6142

## Student Advocacy

Helps students resolve university-related problems such as certifying excused absences and navigating policies and processes

803-777-4872

## University Advising Center

Navigates changes in academic plans through exploratory advising and customized strategies

803-777-1222

## Student Success Center

Provides a comprehensive hub for academic support services including tutoring, writing support, study skills, and life skills such as money management consultations and emergency loans

803-777-1000

## Student Conduct and Academic Integrity

Champions the tenets of the Carolinian Creed and applies standards of conduct for students inside and outside of the classroom

803-777-4333

We value your feedback, please take 3 minutes to tell us how we're doing.

